Mary Heitschmidt presented information on a current study.

**Research Study: Quality of Life in Adult’s with ASD’s**

**Mary Heitschmidt RN, PhD(c), APN**

An increasing number of individuals are being diagnosed with congenital heart disease in adulthood, yet information about the impact of the diagnosis and associated interventional repair techniques is lacking. One of the most frequently diagnosed adult congenital heart defects is an ASD representing 25 to 30% of adult patients diagnosed with congenital heart defects. The overall goal of the study is to determine the quality of life (QOL) in newly diagnosed adult patients with an atrial septal defect (ASD) who will require and have closure of their ASD in the cardiac catheterization lab.

The Ferrans Conceptual Model of QOL was utilized in the formulation of this longitudinal study which requires subjects to complete QOL questionnaires prior to closure, one month post closure, and 6 months post closure. The inclusion criteria requires subjects to be 21 years or older, English speaking/writing, and have a ostium secundum ASD that will be transcatheterally repaired within 90 days. Subjects with any other type of congenital heart defect or who cannot provide informed consent will be excluded.

The study open to enrollment and is advertised on the following websites:

* **Adult Congenital Heart Association:**

* **Rush Research Website:**

* **Facebook:**
  Congenital Heart Disease: Adult Atrial Septal Defect QOL Research Study:

If you have any questions or know of patients that may be interested in the study Mary can be reached at [mary_heitschmidt@rush.edu](mailto:mary_heitschmidt@rush.edu) or at 312-942-9615.