President’s Message 2010 – Mary Rummell RN, MN, CPNP, CNS

It is hard to believe that we are already approaching fall and our Annual Education and Business Meeting is just around the corner! Many thanks to SPCN Vice President, Jo Ann Nieves, MSN, CPN, ARNP, PNP-BC for planning a wonderful program and to Julie Creaden, RN, MSN, CPNP, Administrator of Advanced Practice Nursing, Children’s Memorial Hospital for assisting with the arrangements for this meeting. A great dinner venue has also been arranged. The details of this program are included in this Newsletter. We hope that many of you will join us on Saturday, November 13, 2010 in Chicago. In addition to the formal educational presentation and the business conducted at the meeting, this SPCN event always provides an exciting forum for members to come together, share problems and issues that our patients face, and discuss solutions that will benefit both the patient and practitioner. The collaboration between practitioners extends far beyond the workplace. Meeting attendees bring home new ideas, renewed energy, and friendships that last for years.

For me, this rich environment has lead to the development of a work group of practitioners who are involved in the care of adults with congenital heart disease – our former babies and children have grown up! The adults now outnumber the children with CHD. This nationwide group has collaboratively developed guidelines for the bedside nurse caring for the ACHD patient – in whatever setting the adult patient receives care – adult or pediatric hospitals and clinics, heart failure centers, intensive care units. The guidelines cover problem areas such as ventricular function, pulmonary hypertension, comfort/sleep, glycemic control, and discharge teaching that are encountered by many adult congenital patients. Additionally, the major cardiac defects will be discussed with their repairs (historic and new) along with the implications for the nurse at the bedside. The defect documents will contain a few, simple illustrations.

The first of these guidelines will be linked to the SPCN web site www.spcnonline.com and to the Pediatric Cardiac Intensive Care Society (PCICS) site. PCICS is partnering with SPCN in this project. A survey monkey will be sent to all SPCN and PCICS members encouraging them to access and use these documents and provide feedback through the survey. The goal is to provide pertinent information for the bedside nurse at the point of care. We need to know if the guidelines achieve this goal and suggestions to incorporate as we develop the second set. When you receive the email with the survey, PLEASE access the web site and respond! Your participation is vital to the continued development of these documents. The list of work group members will be on the Table on Contents Page on the link. You can also send suggestions to one of these members. Once we have addressed the needs of the adult with CHD, we will move to the opposite end of the age spectrum – the premature baby with complex heart disease.

I am looking forward to seeing many of you in Chicago in November – and to your responses to the survey!
SPCN ANNUAL EDUCATIONAL & BUSINESS MEETING

Children's Memorial Hospital, Chicago, Illinois
November 13, Saturday: 2 pm - 5:30 pm

SITE: Nellie Black Building – Room 127 (700 West Fullerton Avenue) directly across the street from Children’s Memorial Hospital

We hope SPCN members can join us for our annual meeting in Chicago. The exciting agenda will be presented by our nursing colleagues to include:

- Characteristics and Outcomes of Children with Heart Disease who required Dental Rehabilitation in the Operating Room
  
  Theresa Saia MSN, CPNP - Pediatric Nurse Practitioner Cardiology  
  Children's Hospital Boston, Boston, MA

- Development of Quality Metrics for Cardiovascular Nursing Care
  
  Jean Anne Connor DNSc, RN, CPNP  
  Director Nursing Research  
  Cardiovascular Program, Children's Hospital Boston, MA

- Norwood Surveillance Home Monitoring Program – The Local and Nationwide Collaborative Initiative
  
  Julie Creaden RN, MSN, CPNP  
  Administrator of Advanced Practice Nursing, Pediatric Nurse Practitioner  
  High Risk Transition Clinic, Children’s Memorial Hospital, Chicago, IL

- Infant Feeding and Parental Stress following the Norwood Operation: Results of a Multi-center Collaborative Study
  
  Karen Uzark, PhD, CPNP  
  Medical Center, Cincinnati, OH

The educational program will be preceded by light refreshments and time for meeting and renewal of friendships. Join us following the meeting for an Italian dinner at a Chicago restaurant. Details will follow in the fall via email announcements to each member. SPCN extends a very special thanks to Julie Creaden RN, MSN, CPNP from Children’s Memorial Hospital for her assistance in the development of this meeting.

DINNER: to follow the SPCN meeting
Basil Leaf Café  2465 N Clark St.  Chicago, IL 60614 (773-935-3388)
Please RSVP if you can join us for dinner: Jo Ann Nieves at: joann.nieves@mch.com or 786-624-4344

While in Chicago, local contact:  Julie Creaden cell: 773-457-4900; Jo Ann Nieves cell: 954-647-4487;  
Mary Rummell cell: 503-260-1761

Directions to Children’s Memorial Hospital: Nellie Black Building- 700 West Fullerton Ave.  
(Located directly across the street from the hospital, on Fullerton Ave., just east of the corner of Halsted)  
Off Lake Shore Drive: exit at Fullerton and travel west. The hospital will be on your left hand side, before Halsted.
Off the Kennedy Expressway: exit at Fullerton and travel east. The hospital will be on your right hand side, just after Halsted.

**Contact Numbers:**

Karen: (work) 513 636-7508 (cell) 513 659-2639

Theresa Saia: (work) 617-355-8427 (cell) 978-771-1200

Jean Connor: (work) 617-355-8890 (cell) 857-225-2401

Julie Creaden: pager 3024; voicemail 773-880-3024; fax 773-880-3054

**Annual Nursing Research Luncheon** – Tuesday, November 16, 2010 (12 Noon- 2 PM)

Putting It All Together: Applying evidence-based practice at the bedside

Last year, we discussed how pilot testing study procedures and data collection tools enhance and facilitate the data analysis process. This year, Karen Uzark, PhD, and Jean Connor, DNSc, will enlighten us on the different types of data, and how to apply your results to clinical practice.
How To Session

HTS.201. How to Improve the Quality of Life of Patients with Implantable Cardioverter-Defibrillators.

Monday, Nov 15, 2010, 7:45 AM - 8:45 AM

Presentations:
Monday, Nov 15, 2010, 7:45 AM - 8:45 AM
Interventions to Improve the Quality of Life of Children and Adolescents with ICDs
Vicki Zeigler, Denton, TX

Monday, Nov 15 2010, 7:45 AM - 8:45 AM
Physical Activity and Exercise Interventions to Improve the Quality of Life for Patients with ICDs
Cynthia M Dougherty, Seattle WA

Monday, Nov 15, 2010, 7:45 AM - 8:45 AM
Psychosocial and Psychiatric Interventions to Improve the Quality of Life for Children and Adults with ICDs
Leopoldo Pozuelo, Cleveland, OH

How To Session

HTS.303. How to Care for the Chronically Critically Ill Child.

Moderators: Kathryn Sheehan, St Petersburg, FL
Sarah Tabbutt, San Francisco, CA

Tuesday, Nov 16, 2010, 7:45 AM - 8:45 AM

Presentations:
Tuesday, Nov 16, 2010, 7:45 AM - 8:45 AM
How to Manage Chronic ICU Patients: Clinical Issues and Outcomes
Peter Laussen, Boston, MA

Tuesday, Nov 16, 2010, 7:45 AM - 8:45 AM
How to Care for the Child on a VAD: A Holistic Approach
Sandy Staveski, Palo Alto, CA

Tuesday, Nov 16, 2010, 7:45 AM - 8:45 AM
Addressing the Impact on Families, Caregivers, ICUs and Institutions
Gil Wernovsky, Philadelphia, PA
HTS.306. How to Manage the Infant with a Single Ventricle from Stage 1 to Stage 2.
Moderator: Karen Uzark, Cincinnati, OH
Wednesday, Nov 17, 2010, 7:45 AM - 8:45 AM

Presentations:
Wednesday, Nov 17, 2010, 7:45 AM - 8:45 AM
The Post-op Stage 1 Infant: Challenges in the ICU
Lisa Kohr, Philadelphia, PA

Wednesday, Nov 17, 2010, 7:45 AM - 8:45 AM
Discharge Preparation and Parent Education
Michelle Steltzer, Boston, MA

Wednesday, Nov 17, 2010, 7:45 AM - 8:45 AM
Management of the Interstage SV Infant
Nancy Rudd, Milwaukee, WI

Abstract Oral Session:
Wednesday, Nov 17, 2010, 11:00 AM
Session Title: Improving the Psychological Well Being of Patients with Cardiovascular Disease
Abstract Title: Stress and Uncertainty as Perceived by Parents of Infants Discharged following the Norwood Operation
Jo Ann Nieves, Miami, FL

CONGRATULATIONS!!

Another SPCN member was elected to Fellowship in the American Heart Association!!

Congratulations to Deb Hanisch, our newly elected Fellow of the American Heart Association (FAHA)! Sign up for the CV Nursing Council dinner on Tuesday. Nov. 19 to help celebrate her latest (and long overdue) achievement!!!

Pulmonary Hypertension - Acute Management in Infants & Children
2010 Scientific Statement: Pediatric Cardiac Intensive Care Society
State of the art treatment strategies for children with pulmonary hypertension were published by multiple contributors in the March, 2010 journal, *Pediatric Critical Care Medicine* (Vol 11, No. 2, Suppl.). The articles address pulmonary hypertension pathophysiology, diagnosis, cardiac cath, anesthesia management, acute postoperative CICU care, role of medical therapies, neonatal care and emerging therapies.

The nursing care article in this journal: *Nursing Considerations in the Care of Patients with Pulmonary Hypertension* was written by SPCN members Jo Ann Nieves & Lisa Kohr.

**Save the Date!!**
An exciting program has been planned for the April 3-5, 2011 annual scientific meeting of the American College of Cardiology in New Orleans! The 2nd McNamara Lecture will be given by Dr. Tim Garson on the Heart of CHD Health Policy. Other anticipated program highlights include: Coverage and Quality: Key Considerations for the CHD Community; an update on Quality projects including the Nightingale Measures, (Patricia Hickey), SCAMPS, JCCHD, and the STS database; updates on pulmonary hypertension and heart failure; indications for screening (ADHD meds, lipids, EKGs in athletes); overcoming barriers to transition, addressing end of life issues, and hopefully an update on the ACC NURSING quality metric – documentation of nutrition by SPCN member Jean Connor. Please contact Liz Tong for more information.

Society of Pediatric Cardiovascular Nurses Ballot: Fall 2010
[Please vote for one choice in each category. Write-in votes are also accepted.]
PRESIDENT

Mary Rummell, RN, MN, CPNP, CNS

My career with Pediatric Congenital Heart Disease began 28 years ago as a graduate student in Nursing at UCLA. I selected pediatric cardiology/cardiac surgery as my clinical focus in the Clinical Nurse Specialist program because the CHD patients were in both units that held my love and my clinical specialties – NICU and PICU. The AHA Scientific Sessions were in Los Angeles this year and so began my contact with SPCN and the AHA. I added my PNP from the University of Cincinnati while I was the Nursing Coordinator for Pediatric Cardiology at then Columbus Children’s Hospital (now Nationwide Children’s Hospital). I have cared for pediatric patients with congenital heart disease in many roles and in many hospitals. I am currently at Doernbecher Children’s Hospital in Portland, Oregon supporting the bedside nurse and the quality of patient care in many clinical areas, especially in the care of the patient with CHD. I have also held many offices in SPCN – Treasurer, Vice-President, and President for the past two years. I am looking forward to serving for a second term as President.

MEMBER-AT-LARGE

Susan M. Turpin RN, MS, PNP

Susan has been a member of SPCN since 1995 and a member of the American Heart Association Councils (Cardiovascular Nursing and Cardiovascular Disease in the Young) since 2000. Since 1991, she has been an Advanced Practice Nurse for children and their families living with congenital and acquired heart disease. She has been at Children’s Hospital and Research Center, Oakland, Ca. since 1997. Her roles include collaborative inpatient critical and acute care management for both medical, surgical and pacemaker / AICD patients; education to families and staff; case management and discharge planning; research coordination; and, currently, implementing our CareLink system. She has been a Camp Nurse at Camp Taylor - a Northern California camp for children with heart disease. She attended University of San Francisco and obtained her BSN in 1982 and UCSF for a combined master's as Pediatric Critical Care CNS and Pediatric Nurse Practitioner from 1989 to 1992. She is board certified as a PNP-BC and CPNP-AC. Susan says, “I have had the pleasure and opportunity to work with some amazing nurses, including SPCN members and on the AHA Scientific Statement - Recommendations for preparing children and adolescents for invasive cardiac procedures. I would love to be a member-at-large for SPCN to assist in any ways needed! I love what I do and being a part of the lives of our children and their families. Teaching families to care for their children as they grow and develop, while they travel their paths, is what it is all about!”

SECRETARY

Kathryn (Kas) Sheehan, ARNP, CCRN, CPNP-AC & PC

Kas is the Advanced Education Specialist for the Cardiovascular ICU at All Children’s Hospital in St. Petersburg, FL. She has been employed as a pediatric CV surgical nurse practitioner with Cardiac Surgical Associates in St. Petersburg for nearly 8 years. She has over 30 years of pediatric nursing experience with the past 20+ years being in pediatric cardiac advanced practice - CNS and ARNP. She has been a member of SPCN since 1998 and has previously served on the board as Member at Large 2004-2006 and is looking forward to serving a second term as Secretary. Kas also served on the Pediatric Subcommittee for Council on Cardiovascular Nursing of the AHA.
Please join SPCN! We are the only international nursing organization dedicated to expanding nursing knowledge and expertise in the care of children and young adults with heart disease. We have grown to an organization of over 400 nurses working in all aspects of pediatric cardiovascular health care. Benefits include: Information and collaboration, newsletters, annual directory, research activities, annual education program and annual meeting at the American Heart Association sessions.

**Society of Pediatric Cardiovascular Nurses: 2011**

*For those who are renewing, please print corrections & changes only*

DATE: _______________ New: □ Renewal: □ Directory changes: □

Name, Title Degree(s): __________________________________________________________

Place of Work: _________________________________________________________________ Business phone: _________________________

Business address: _____________________________________________________________ FAX number: _________________________

E-mail: _________________________________________________________________ Home phone: _________________________

Home Address: _____________________________________________________________ State/Zip: _________________________

CITY: ____________________________ Province: __________ Postal: ______ Country: ________

(Will be used as mailing address)

Position/Area of clinical practice:

Areas of special interest, research, programs, etc.:

__________________________________________________________


Please return this form and a $20.00 check payable to: SPCN
Mail to Treasurer: Nancy Hagberg 34 Rugg Road Sterling, MA 01564-1598

SPCN dues may now be paid **electronically or by wire transfer.**
Contact Nancy Hagberg for details at nancy.hagberg@childheartassociates.com

(Email questions and/or directory corrections to Kas Sheehan: kaspnp@verizon.net)

**Calling for Spring 2011 Newsletter Contributions!**
Send to Jenny Strawn at: jstrawn@childrensomaha.org
Items needed by February 1st, 2011
### Communication Site Use

**INVOICE**

| Opportunity or Conference Name: | | |
|---------------------------------|---------------------------------|
| **Name of Contact:** | **Date** |
| **Institution:** | **Phone:** |
| **Address:** | |
| **Email:** | |

**WEB SITE POSTING:**

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Information formatted and provided electronically. Will remain on Web Site for 1 year or until outdated. May link to advertiser’s site

**NEWSLETTER ADVERTISEMENT:**

Information must be camera ready. Electronic submission preferred. Submissions for Spring Newsletter due February 1. Submissions for Fall Newsletter due August 1.

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| | **No Charge** (member only) |
| For questionnaire/survey | |
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SPCN GOALS

- Plan and implement programs, projects and other activities in cooperation and in coordination with government agencies, hospitals, and other health organizations to advance the professional understanding and science of pediatric cardiovascular nurses.
- Aid and support, and assist efforts to enhance the discipline of pediatric cardiovascular nursing within the medical field.
- Encourage, foster, and assist participation by members of the medical community in the development of educational programs within the field of pediatric cardiovascular nursing.
- Disseminate information and provide technical assistance to interested professionals, including doctors, nurses, and paraprofessionals on subjects relating to pediatric cardiovascular nursing.
- Engage in activities that will directly or indirectly improve the nursing care available to pediatric cardiovascular patients and families.
- Share ideas on approaches, care methods, and teaching materials currently used by pediatric cardiovascular specialists and patients by publication, seminars, lectures, and similar methods of communication.
- Keep a current directory of nurses specializing in pediatric cardiovascular nursing as a reference for patients, specialists and peers.
- Conduct, participate in, and promote appropriate research endeavors.